



Annual Congress 2017

In conjunction with the Midland Ophthalmological Society, UK
and the Cyprus Ophthalmological Society

Under the auspices of the University of Nicosia Medical School

Sleepless nights for the ophthalmologist

22 - 23
April 2017

Amathus Hotel
Limassol, Cyprus



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List of Speakers

AL-IBRAHIM Jalil, Consultant Ophthalmologist,

*Dudley, Assistant Professor at SG University of Grenada,
President of the Midland Ophthalmological Society, UK*

ALLEN Louise, Consultant Ophthalmologist,

Paediatric Ophthalmologist, Associate Lecturer at Cambridge University, Cambridge, UK

ANASTASOPOULOS Eleftherios, Consultant Ophthalmologist,

General Hospital of Papageorgiou, Aristotle University of Thessaloniki, Greece

ANTONIOU Yianna, Consultant Ophthalmologist,

Vitreoretinal Surgeon, Pantheo Eye Center, Cyprus

BALANOS Yiannis, Medical Student,

University of Nicosia Medical School, Cyprus

BURDON Mike, Consultant Ophthalmologist,

*Neuro Ophthalmologist, University Hospitals Birmingham,
President of the Royal College of Ophthalmologists, UK*

COOLING Robert, Honorary Consultant Ophthalmologist,

Moorfields Eye Hospital, London, UK

DAMATO Erika, Consultant Medical Ophthalmologist,

University Hospitals Birmingham, Birmingham, UK

DOWNES Susan, Professor of Ophthalmology,

Medical Retina, University of Oxford, Oxford, UK

DULAI Jaskiran, Medical Student,

University of Nicosia Medical School, Cyprus

ELLIOT Hugh, Medical Student,

University of Nicosia Medical School, Cyprus

FIELDER Alistair, Professor Emeritus of Ophthalmology,

Department of Optometry & Visual Science, City University, London, UK

FOULADI Massoud, Consultant Ophthalmologist,

Chairman of Circle Partnership & Group Medical Director, London, UK

HUSSEIN Furhana, Medical Student,

University of Nicosia Medical School, Cyprus

KALLIAS Constantinos, Optometrist,

President of the Association of Optometrists, Cyprus

KOUKKOULLI Antigoni, Consultant Ophthalmologist, Oculoplastics,

Pantheo Eye Center, Cyprus

KYPRIOU Ioannis, Consultant Ophthalmologist,

Oculoplastics and Orbits, Cyprus

LIASIS Alkis, Consultant Electrophysiologist,

Co Director of Electrophysiology unit, Great Ormond Street Hospital, London, UK

LIPSOS Marios, Consultant Ophthalmologist,

Paediatric Ophthalmology, Pantheo Eye Center, Cyprus

List of Speakers

MCBURNEY Caroline, Medical Student,

University of Nicosia Medical School, Cyprus

MOLLAN Susan, Consultant Ophthalmologist,

Neuro Ophthalmologist, University Hospitals Birmingham, UK

MUWONGE Chrysostomos, Medical Student,

University of Nicosia Medical School, Cyprus

NAYCHEVA Lubka, Consultant Ophthalmologist,

Eye Clinic of the Goethe University, Frankfurt, Germany

PAPASTAVROU Katia, Consultant Ophthalmologist, Glaucoma,

Pantheo Eye Center, Senior Lecturer at the University of Nicosia Medical school, Cyprus

PALOS Michalis, Consultant Ophthalmologist,

Cornea and External Disease, Pantheo Eye Center, Cyprus

PARULEKAR Manoj, Consultant Ophthalmologist,

Paediatric Ophthalmology Birmingham Children's Hospital, Birmingham, UK

PATEL CK, Consultant Ophthalmic Surgeon,

Head of School of Ophthalmology Health Education Thames Valley, Honorary Senior Lecturer in Ophthalmology University of Oxford, Oxford and Great Ormond Street (GOSH), UK

POPA Alexandra, Medical Student,

University of Nicosia Medical School, Cyprus

POPAS Nikolas, Medical Student,

University of Nicosia Medical School, Cyprus

POTAMITIS Theodoros, Consultant Ophthalmologist, Vitreoretinal Surgeon,

Pantheo Eye Center, Associate Professor, St George's University of London Medical School at University of Nicosia, President of the Cyprus Ophthalmological Society, Cyprus

SAKELLARIS Demetris, Consultant Ophthalmologist,

Thessaloniki, Greece

SINCLAIR Alexandra, Consultant Neurologist,

Birmingham, UK

TSALOUMAS Marie, Consultant Ophthalmologist,

Medical Retina, Birmingham, UK

TYRLIS Constantinos, Registrar in Ophthalmology,

Arch Bishop Makarios III Hospital, Nicosia, Cyprus

VERITY David, Consultant Ophthalmologist,

Moorfields Eye Hospital, Honorary Senior Clinical Lecturer, UCL, London, UK

WALKER Catriona, Medical Student,

University of Nicosia Medical School, Cyprus

YANG Cylene, Medical Student,

University of Nicosia Medical School, Cyprus

ZOTTA Evi, Consultant Ophthalmologist,

Thessaloniki, Greece



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Conference Program

Friday 21 April 2017

19:30

**Case Presentations and Cocktail Reception
at Pantheo Eye Center**

Saturday 22 April 2017

8:30-9:00

Welcome Address

Mr Theodoros Potamitis, President of the Cyprus Ophthalmological Society

*Dr George Kaponides, Clinical Associate Professor of Neurology, St George's
University of London Medical Programme at the University of Nicosia Medical School*

Mr Mike Burdon, President of the Royal College of Ophthalmologists

9:00-11:00

Paediatric Ophthalmology

Multifocal intraocular lenses in children

Manoj Parulekar

Sleepless nights in adult and paediatric surgical retina

CK Patel

Significance of refractive errors in children

Marios Lipsos

Mind the gap: Spotting visual field defects in infants and young children

Louise Allen

Slept through 1,000 lectures – could anything have kept me awake?

Alistair Fielder

11:00-11:30

Coffee Break

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11:30-13:30

Neuro Ophthalmology

Headaches for the ophthalmologist

Alex Sinclair

That's not the results I wanted

Alkis Liasis

Dementia and Visual Capacity (Silent Dark)

Jalil Al-Ibrahim

Little horrors of the night

Mike Burdon and Susan Mollan

13:30-14:30

Lunch

14:30-16:30

The Pantheo Foundation Talk

Theodoros Potamitis

Anterior Segment and Glaucoma

Keratoconus out of limits

Evi Zotta

Sleepless nights for the refractive surgeon

Demetris Sakellaris

Surgical management of corneal perforation

Michalis Palos

The Thessaloniki Eye Study

Eleftherios Anastasopoulos

Small eyes, big trouble in glaucoma

Katia Papastavrou

19:30

Gala dinner at Trakasol, Limassol Marina

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ΟΔΑ τα φάρμακα
Συμπληρώνοντας την «ΚΙΤΡΙΝΗ ΚΑΡΤΑ»

Sunday 23 April 2017

9:00-11:00

Medical and Surgical Retina

Transcorneal electrical stimulation (TES) with OkuStim therapy for retinitis pigmentosa patients

Lubka Naycheva

Bad dreams in medical retina. What keeps us awake !!

Maria Tsaloumas

The impact of ocular disease on sleep wake and mood

Susan Downes

Uveitis cases that kept me up all night

Erika Damato

Sleepless nights after retinal detachment surgery

Yianna Antoniou

Vitreo-retinal nightmares and day dreams

Theodoros Potamitis

11:00-11:30

Coffee Break

Sponsored by Novagem/ Bayer

11:30-13:30

Oculoplastics and Orbits

Orbital disease: Yes, no and maybe

David Verity

Cyprus oculoplastics awakenings

Ioannis Kyprianou

The 'what ifs' that have kept me awake

Antigoni Koukoulli

Medico Legal

Sleepless nights for the optometrist

Constantinos Kallias

You be the judge

Robert Cooling

Sleepless night: closing the gap

Massoud Fouladi



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1. enVista™ Directions for Use. 2. Tetz MR, Werner L, Schwahn-Bendig S, Batlle JF. A prospective clinical study to quantify glistenings in a new hydrophobic acrylic IOL. Presented at: American Society of Cataract and Refractive Surgery (ASCRS) Symposium & Congress; April 3-8, 2009; San Francisco, CA.

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Just say 'no' to glistenings.

13:30-14:30 Lunch

14:30-16:30 Rapid Fire Presentations

An interesting case of ocular amyloidosis

Constantinos Tyrllis

Sleepless nights for the medical student

Chrisostomos Muwonge

Travatan related PSA increase

Hugh Elliot

Case presentations of relapsing polychondritis

Alexandra Popa

Presentation of the LUNA study

Ioannis Balanos

Decision making in anti-VEGF clinics by qualified nurses

Caroline Mc Burney/Jaskiran Dulai

Case presentation of ciliary body melanoma

Nikolas Popa

Neovascular glaucoma due to carotid artery disease

Furhana Hussein

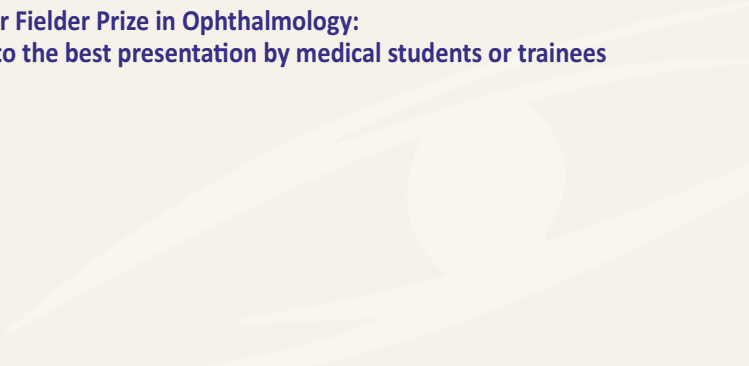
Sleepless in the ITU

Catriona Walker

Optic disc anomaly detachments

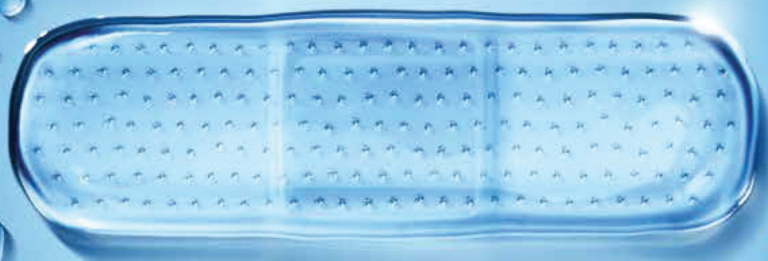
Cylene Yang

**The Alistair Fielder Prize in Ophthalmology:
an award to the best presentation by medical students or trainees**

A large, stylized graphic of a human eye is positioned in the bottom right corner of the page. The eye is rendered in a light beige color, matching the background, with a white sclera and a dark iris. The graphic is semi-transparent and overlaps with the text area.

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Reference: 1. Ketelson H, Rangarajan R, Kraybill B. Effects of a dual polymer artificial tear solution on prolonged protection, recovery, and lubricity in an *in vitro* human corneal epithelial cell model. The Association for Research in Vision and Ophthalmology Annual Meeting; 2014. E-Abstract #3695/A0209. 2. Goa KL, Benfield P. Hyaluronic acid. A review of its pharmacology and use as a surgical aid in ophthalmology, and its therapeutic potential in joint disease and wound healing. *Drugs* March 1994; Volume 47, Issue 3, pp 536-566. 3. John L, Uebels, Daniel P, Clousing, Timothy A, Van Haltsma, Bor-Shyue Hong, Peggy Stauffer, Bahram Asgharian and David Meadows. Pre-clinical investigation of the efficacy of an artificial tearsolution containing hydroxypropyl-guar as a gelling agent; Taylor & Francis Ltd., *Current Eye Research*, 2004, Vol. 28, No. 6, pp. 437-444

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